



## **Anti-Fatigue Mat**



**Product Code:** F-PAFM

## **Features:**

- Ergonomic Design Prevents Fatigue and Soreness
- ✓ Textured Surface Combats Slips
- ✓ Bevelled Edge Prevents Trips
- ✓ Easy to Clean
- ✓ Ideal for Standing Desks & Sit Stand Chairs
- ✓ Fits most Workstations
- ✓ Easy to Install

The Anti-Fatigue Mat has been ergonomically designed for use at workstations where work routines require standing for long periods of time. It is an ideal partner for standing desks and sit stand chairs and would be beneficial in workplaces such as offices, production and assembly lines, retail spaces and anywhere where hard floors are used.

The Anti-Fatigue Mat has a square design that easily fits into most work stations with a textured surface to counter slips and bevelled edge to avoid trips. The mat is constructed of high-density rubber that offers an appropriate amount of comfort and support. If the rubber was too hard it would be no different than standing on a hard floor and too soft would increase the chances of fatigue and encourage bad posture.

An anti-fatigue floor mat encourages you to make small, imperceptible movements as you stand. These small movements promote blood flow and oxygen circulation which helps combat muscle soreness and fatigue. Anti fatigue mats also help protect against back pain and foot conditions.

A great by-product of using an Anti-Fatigue Mat is insulation from cold floors and protection from slips, trips and falls.

Width: 91cm Depth: 61cm